



# Juliana Viera

Semi-Professional  
Soccer Player

## Contact

**Phone**  
+1 (828) 284-9037

**Email**  
[Juliana.viera.alzqueta@gmail.com](mailto:Juliana.viera.alzqueta@gmail.com)

**Address**  
Greenville, North Carolina  
27834

## Player Profile

**Date of Birth**  
May 8, 2002

**Age**  
23

**Nationality**  
Uruguayan

**Position**  
Left Back  
Left Center Back  
Left Wing

**Preferred Foot**  
Left

**Height**  
165 cm | 5' 6"

**Weight**  
58 kg | 127.8 lbs

## Language

Spanish  
English

## About me

Highly skilled and dedicated semiprofessional soccer player with over 8 years of international experience. Proven ability to improve team dynamics, enhance performance, and maintain physical fitness. Committed to continuous growth and learning on and off the field of soccer.

## Experience

2018 - Current  
**Uruguay National Team**

**Liga de Naciones** | Oct 2025-Jun 2026  
Played as left winger and left back for 90 min.  
**Copa América** | Jul 2025  
Starter as a left wing and left back, contributing to the team's success with an assist and a goal.  
**Qualified to Pan-American Games 2026**

Summer 2024 -  
Summer 2025  
**Asheville City Soccer Club**

**Undefeated Champions of the Southeastern Conference** | Jul 2025  
**Regional Champions** | Jul 2025  
**Reached Semifinal of USL W** | Jul 2025  
Captain of the team.  
Starter as a left center-back.

Aug 2023 - Current  
**East Carolina Women's Soccer Team**

**AAC Conference Champions** | Nov 2024  
Starter as a left center back and contributed to the team with 4 assists and a goal.  
AAC All-Conference Third Team Honors 2024.  
Named captain of the team for the 2025 season.

Aug 2021-May 2022  
**Oklahoma Wesleyan University**

**KCAC Regular season Champions** | Nov 2022  
**KCAC Tournament Champions** | Nov 2022  
Starter as a left wingback.  
First team KCAC.

2019 - 2022  
**Uruguay U-20**

**3rd Place Conmebol South American Cup**  
Apr 2022  
Captain of the team and starter as a left back and left center back, contributing to the team's success with two goals.  
**Conmebol South American Cup** | Mar 2020  
Classified to the final round, which got suspended by COVID.

# Highlights

---

## Fall 2024

<https://youtu.be/iceCrX6Zz0>

## Summer 2025

<https://youtu.be/VFhnu789H60>

## Copa America 2025

<https://youtu.be/47rkRLCDjOQ>

## Fall 2025

<https://youtu.be/UlzM4E2yiik>

# Social Media

---

## Instagram

[@julivie7](#)

## Twitter

[@juli\\_viera7](#)

# Reference

---

East Carolina Women's

Soccer Coach:

EmilyBuccilla

[Buccillae18@ecu.edu](mailto:Buccillae18@ecu.edu)

+1 (252) 737-1429

North Carolina State

University Women's Soccer

Coach:

Gary Higgins

[Grhiggin@ncsu.edu](mailto:Grhiggin@ncsu.edu)

+1 (828) 228-4759

2020 - 2022

**Club Nacional de  
Football**

2017 - 2018

**Uruguay U-17**

2015 - 2020

**Liverpool  
Fútbol Club**

**Conmebol Desafio Cup** | Jan 2020

**4th place Conmebol Libertadores Cup**

Nov 2021

Starter as a left wing-back

**FIFA Women's World Cup** | Nov 2018

Played as a left back.

**Training Camp in Kunming, China** | May 5th  
to June 5th, 2018,

Training Camp in a high-performance  
center 2000 mts above sea level.

**U-19 Uruguayan Champions (2 times)**

2019-2020

Starter as a left back, contributing to the  
team's success with 15 goals.

**U-16 Uruguayan Champions (3 times)**

2016-2018

Starter as a left back, and contributed to the  
team's success with 12 goals.

**Conmebol South American Development  
Cup** | Feb 2019

Captain and starter as a left back,  
contributing to the team's success with a  
goal.

**U-14 Uruguayan Champions** | 2015

Starter as a left wing.

# Education

---

Bachelor of Science in Sport Studies

Minor: Leadership Studies

East Carolina University | Graduation May 2026

# Skills

---

## Personal

- Team leadership
- Conflict resolution
- Effective communication and motivation
- Decision making under pressure
- Adaptability
- Strategic planning
- Time management

## Soccer

- Aerial game
- 1v1 defending
- Services
- Distribution
- Aggressiveness
- Tackling
- Anticipation
- Set Pieces